



## RETHINK – “Recommit” PURITY Paves the Way for Intimacy

October 7, 2009

### Discussion

**Q&A:** God created sex & if it is good, then why wait?

**Discuss:** six lies that our worldly cultures tells us:

- 1) Everyone is having sex [TRUTH: Virginitly is the silent majority, those who do are the loudest]
- 2) You can't live without sex
- 3) Sex is a natural part of a loving relationship
- 4) Sex is a natural part of growing up
- 5) Sex outside of marriage would cease to be a problem if you just wear protection
- 6) Sex makes life better

**Say:** Intimacy is what we desire from another.

**“Intimacy** is knowing someone fully, being known by someone fully without fear of rejection.”

**Read:** (1 Cor. 6:18) *“Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his **own** body.”*

You need to get this, when you sin sexually, you sin against **yourself!** You are damaging your potential for a satisfying sexual relationship with a marriage partner down the road.

**RETHINK:** You must have this in the forefront of your mind: ***“Is the temporary pleasures derived from this worth the long-term complications it will cause?”***

...pleasure for a moment, pain for a lifetime

You can't take back what has already taken place.

**PRAY:** for purity that begins in the mind.

### Chapel Notes